

Beauty Inside + Out

Meet the Co-Founders Behind Aion Aesthetics +
the Ideal Health Center



By Jennifer DeCillis

Aion Aesthetics is New York's premiere injectables clinic. Coupled with the Ideal Health Center, which is focused on healthy weight loss, Aion Aesthetics offers a tailored approach to total beauty, both internally and externally. At the helm are co-founders, Akis Ntonos and Anastasios "Taso" Mikroulis.

Ntonos has been named the "Top Aesthetic Injector 2022" by Aesthetic Everything, and is a family nurse practitioner (FNP), board certified by the American Academy of Procedural Medicine to administer injectable treatments. Ntonos remains motivated by a firm belief that expanding his knowledge of human anatomy is vital to honing his aesthetic skill. He now holds two bachelor's degrees, including a bachelor of science in nursing from the Phillips School of Nursing at Mount Sinai Beth Israel in New York; a master's degree as a nurse practitioner from New York's Pace University; and is currently working toward a second doctoral degree in nursing practice (DNP) at Johns Hopkins University. Along the way, he also trained in aesthetics in the US and Europe, learning from some of the industry's most accomplished professionals.



Having met Aion Aesthetics co-founder, Taso, during Mikroulis' college tenure in Greece, a natural partnership developed based on the mutual goal of helping others, along with individual strengths that supported a thriving enterprise. Mikroulis began his professional career as a successful actor, producer, filmmaker, and an intrepid entrepreneur. In 2014, following his own successful weight loss journey, Mikroulis trained as a weight loss coach, and together, Mikroulis and Ntonos founded the Ideal Health Center to develop a personalized weight management approach for lasting wellness and offer advanced medical weight loss and management coaching to clients across New York.

In 2021, Ntonos decided to bring his aesthetic expertise to the already successful venture, expanding its menu of client wellness options. Now he finds himself entirely at home in a field that is constantly evolving, providing him an opportunity to continue learning and growing with his craft. Aion pursues a timeless aesthetic tailored to suit each client's unique features. Ntonos brought four years of professional injectable expertise to the venture, while Mikroulis offered 10+ years of in-depth experience supporting clients in achieving their long-term health goals.

In 2022, Aion received the designation of "Best Medical Spa on the East Coast" at the prestigious Aesthetic Everything Awards, furthering the clinic's mission to support long-term cosmetic vitality with the industry's most advanced suite of services and a distinctively personalized approach.

From the beginning, Ntonos and Mikroulis set out to change the aesthetic boutique game with a focus on client experience over sales volume. Together, they deliver world-class results in an intentionally intimate environment where clients feel like family. Mikroulis continues to advance his dream of helping others through an intentional service approach that builds client trust and raises the industry bar with a more personal injectable experience.

For Ntonos, beauty is not about symmetry or "perfection" as culture defines it. Instead, his aim is to truly listen to clients' stories, identify their areas of physical insecurity, and deliver enhancements that can change a person's entire life. Named after the Greek term for "eternity," Aion pursues a timeless aesthetic tailored to suit each client's unique features. Ntonos finds a great deal of satisfaction in uplifting a client's self-image, and he is passionate about continuously perfecting his craft with precision, skill, and discipline.



For the full list of services, including microneedling, skin peels, hair restoration, fillers, and more, visit [Aionnyc.com](https://www.aionnyc.com). And don't forget to ask about the Aion Membership Program for loyalty perks, discounts, and free treatments!